

Why choose The Quit Smoking Clinic to help you quit smoking?

- Our proprietary single session programs
- No cravings or withdrawals
- Results guaranteed in writing
- Smoking cessation specialists
- Enormous short & long-term savings
- Exclusively dedicated to the clinical practice of hypnosis
- "The" only guaranteed program on Vancouver Island
- Natural, non-chemical and non-invasive
- Pioneers of the guaranteed single-session, smoking cessation program
- Specialization guarantees the latest in mind-technologies in your area of interest
- We accept doctor referrals
- Fees are tax deductible (please consult your tax preparer)
- Participating provider in employer "butt-out" programs at local, municipal and provincial levels
- We accept employer sponsorship vouchers
- Confidentiality is assured
- Ease of payment through Visa, MasterCard and Interac or pre-paid vouchers
- Centrally located, easily accessible and plenty of free parking
- And most importantly of all...**we are completely committed to your total success!**

Hours of Operation

Monday - Thursday
10:00 am - 8:00 pm

Friday
11:00 am - 6 pm

CONTACT US TODAY AT

THE QUIT SMOKING CLINIC

Inner Harbour
Victoria, B.C.
Canada V9A 3L7

(250) 389-2603
(800) 770-0499

Skype: [seaside.hypnosis.center](https://www.seasidehypnosis.com)

[SeasideHypnosis.com](https://www.SeasideHypnosis.com)

[WeGuaranteeIt.com](https://www.WeGuaranteeIt.com)



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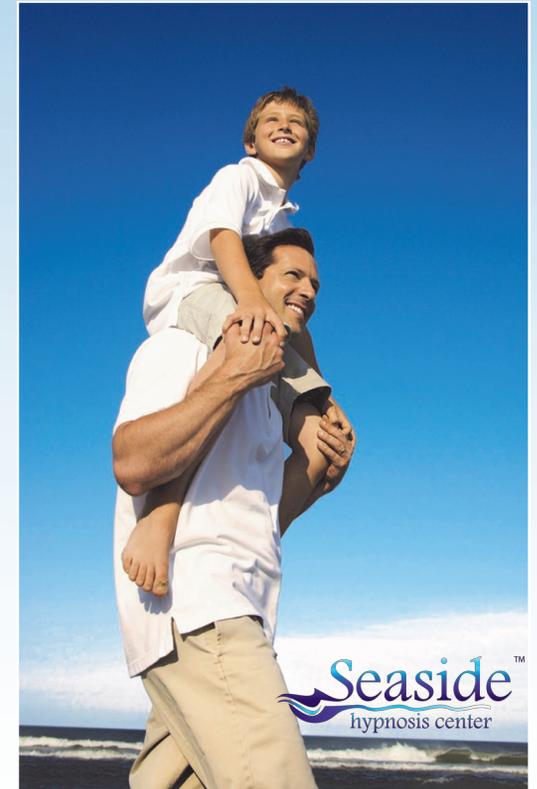
SeasideTM
hypnosis center

The Quit Smoking Clinic

Quit smoking today

We guarantee it in writing!

- ✓ **No cravings!**
- ✓ **No withdrawals!**
- ✓ **One session!**
- ✓ **Guaranteed!**



Little known facts about hypnosis:

- In a recent study done by the American College of Chest Physicians showed that hypnosis was "the" most effective way to quit smoking out of four methods studied. Hypnosis was 200% more effective than the next closest smoking cessation technique
- The American Medical Association, the American Psychiatric Association and the British Medical Association have all approved the use of hypnosis
- Clinical psychologist Dr. Alfred A. Barrios found that, on average, clients using general hypnotherapy had a 93% rate of recovery after just six sessions, while psychoanalysis clients only received a 38% rate of recovery after 600 sessions. Those undergoing behaviour therapy received an average 72% rate of recovery after 22 sessions.
- Hollywood stars Matt Damon, Ben Affleck, Billy Joel and Drew Barrymore all quit smoking using hypnotherapy



- Secondhand smoke causes emphysema, heart disease, lung disease and cancer
- Tobacco is responsible for five million deaths yearly worldwide
- Between 1,000 and 7,800 Canadians are killed by second-hand smoke every year

The Quit Smoking Clinic

GETTING RESULTS
The Quit Smoking Clinic is the only local provider of smoking cessation programs that guarantees your results in writing. Yes...in writing!

Our guarantee will help support you once you've made the decision to quit smoking once and for all. Say "goodbye" to illness-causing cigarettes without stress, weight-gain, cravings or withdrawals.

Our program is fast, effective and economical. Many of

our clients start to regain their sense of taste and smell while



still in session; and your body will start to recover in as little as 20 minutes after you quit smoking.

RESEARCH & DEVELOPMENT
We have helped

hundreds of smokers **just like you** quit smoking forever. Our techniques are so effective that our Smoking Cessation Program is just a single session.

We guarantee that you will quit smoking without experiencing any cravings or withdrawals.

TAKING THE NEXT STEP

Are you ready to be a non-smoker? Call our office at **250-389-2603** for a full description of our

program and find out how easy it is to be smoke-free forever. You can also visit us at WeGuaranteelit.com and listen to some of our client testimonials. You'll be glad you did.

COST OF SMOKING ONE PACK OF CIGARETTES PER DAY

1 st year =	\$3,600
2 nd year =	\$7,200
5 th year =	\$18,000
10 th year =	\$36,000
20 th year =	\$72,000

- There are over 4,000 chemicals in cigarettes and cigarette smoke. Some these are ammonia, formaldehyde, lead, benzopyrene, arsenic, propylene glycol, methoprene, turpentine, acetone, cadmium, benzene and butane
- Your heart rate and blood pressure starts to drop almost immediately after you stop smoking
- The oxygen level in the blood increases to normal after only eight hours
- Lung capacity increases after 72 hours